

Soul Language Integration Tools

Welcome to understanding you and your Soul. Welcome to you creating a deeper loving relationship with yourself and with the Divine.

Ideally, you will want to create a conscious connection between you and your Soul (via your Soul Language team) daily.

This document along with the audio is intended to help you integrate this powerful process.

When we are hitting on something big in our life there are all sorts of ways that Ego will distract us to keep us in our old “safe” patterns. These are bumps in the road and Soul Language is a process to help you move past those valleys and continue on your powerful journey.

And, when you are ready there are other ways to connect to yourself and the world around you in deeper ways using Soul Language. We have included that material at the end of these resources.

These tools include:

- [Soul Language Integration Audio](http://jurezzaudio.com/download/SoulLanguageIntegration.mp3) (use the link below to download the audio) (http://jurezzaudio.com/download/SoulLanguageIntegration.mp3)
- Creating a Conscious Connection Everyday
- Ego's Games - 8 Things to Be Aware That Ego Will Do To Keep You From Expanding
- Everyday Questions – A guide to starting a conversation with your Soul Language team(s)
- What's Available for You with Soul Language
- Intro to the Community Site
- Instructions for the Community Site
- A special bonus gift

With love and honor,



Jennifer Urezzio
Founder and Spiritual Director

Creating a Conscious Connection

The connection with your Soul is always in place. To understand you more fully and deeply, it is suggested that you start having a conversation and listening to the wisdom inside of you – your Soul. By creating a conscious working connection with you and your Soul Languages, this provides your mind a way to communicate that can access deep information and knowledge.

There are two suggested ways of creating that connection. Please keep in mind that this connection is always in place. When we place some structure around it, it sets up a sacred space which allows us to be present and mindful.

Take a deep breath and allow your awareness to focus on your tailbone (or pelvic floor).

Option A (Utilizing visualization)

- ✓ Imagine or “see” yourself sitting across the table, looking eye-to-eye with the Soul Language team member you wish to connect with. If you wish to speak to all three of your Languages at the same time, see all three of them sitting across the table from you.

Option B (Utilizing intention)

- ✓ Simply ask Divine Intelligence to establish a working conscious connection between you and the Soul Language team you wish to connect with. If you wish to speak to all three of your Languages at the same time, set the intention to connect to all three of your Languages. of them sitting across the table from you. Once you have requested this connection, it is in place.

After you are finished with your meditation, question and answer period or listening, release the conscious working connection by:

- ✓ First thanking that Language (s), yourself and your higher power.
- ✓ Then releasing the working connection by saying: “I release the conscious working connection.”

Practicing Conscious Connection

Intention

One of the easiest ways to practice and integrate utilizing your Soul (via your Soul Language team) is by setting your daily intention.

What's your intention for today? When you declare your intention, it allows the Universal forces to create on your behalf. Remember, your intention is not a "to-do" list, rather it is a declaring to the Universe what you intend to experience your day. I suggest you include feelings in your statement of intention. By fueling your life with positive energy, you will attract other positive experiences. An example is: "I intend today to feel peaceful, prosperous and full of life."

Create a conscious connection with your Soul Language team and complete the sentence below.

My personal intention for today is...

Want to add additional power to your intention? Write it down in your journal and say it aloud.

Insight Questions

It is suggested that after you connect to your Soul Language Team(s), you ask and then spend at least two minutes journaling your responses to the questions provided in each section, or use your own questions.

Conversation

After you create a conscious connection, begin a conversation with your Language. You can just listen to what your Soul wants to say to you, or you can bring your awareness to what is currently happening in your life or a situation that you would like some support and guidance around. If you get stuck at where to start, there are several conversational questions in each section as a jumping off point.



Ego's Games

8 Things to Be Aware That Ego Will Do To Keep You From Expanding

1. **“It’s Not Working”** or **“I’m Not Getting Anything”** – It is possible that Know Soul’s Language doesn’t resonate with you. Much more likely is that Ego is playing the “it’s not working” game. We live in an instant world. Transformation isn’t always instant. Allow yourself the time to integrate. Also, ask yourself the question “Is it not working because I’m not keeping my commitment with myself?” Remember, Soul Language is a spiritual process not an intellectual one.
2. **“I Don’t Have Time”** – Scarcity is a big weapon of Egos. Not enough time, money, etc. There is always enough. How much time do you think it takes to connect with your Soul? How much time are you going to give yourself? Do you have five minutes to start? Connect for five minutes a day for 10 days and then assess the situation again.
3. **“Why Am I Not Like...”** -- When you compare yourself with another – Ego is in charge and you can anticipate frustration. We all have the same amount of power. If you like the way someone is using their power, take the time to model it.
4. **“I Have Already Worked On That”** – This is Ego at its highest. There are several big themes of life. We each have one (or more) big challenges that are going to come again and again. This is a good thing (I know it doesn’t sound like it) but it is! It gives you a chance to love yourself more and brings you closer to the Divine. I don’t know anyone who doesn’t desire those two things.
5. **“I Receive More When Jennifer’s Around”** – Really? I don’t know you the way your Soul knows you. This is Ego’s way of trying to keep you playing small. If you are having difficulty connecting with your Soul Language team, I suggest letting go of attachment and spending more time with You.
6. **“I’m Not Doing Anything”** – One of my personal favorites. We tend to believe if we are not creating movement then movement isn’t happening. There is a lot going on beyond the scenes. This is Ego’s way of taking advantage of your lack of trust. When I feel like that I take a deep breath and set the intention that I will KNOW when it is time to take Divine action.
7. **“It’s Not Meant To Be”** – I believe that this phrase was created to support individuals and give them comfort but Ego has twisted it and it can be used as an excuse. We are creators of our own world. If you desire it, it is meant to be.
8. **“It Can’t Be That Easy”** – Yes, it is as easy as listening to your Soul. The part that requires some effort is what you do with that information and how you react. This is your chance to be in the world, the way your Soul knows you can be.



Everyday Questions

Questions for Axiom of Quest

- Where can I be more aligned with this mission?
- Where can I open up to receiving resources to allow the journey to be without struggle?

Questions for Axiom of Translation

- Where in my life am I handing over my power?
- What do I get to accept, let go or allow to express my full power?

Questions for Tone

- What ways is Ego using to keep the illusion of safety?
- Where can I let go of control and know I'm being supported?

What's Available for You with Soul Language

Once you understand more about your Soul, it is a natural progression to want to understand more about the other Souls in your life. We have created several ways for you to support you with creating a fully conscious life.

Understanding Your Soul

Soul Language Identification – This is where an individual's three Soul Languages are identified and you discuss the conscious and unconscious use of these languages with a Soul Language Practitioner.

Business Soul Language Identification – This is where the three Soul Languages of your business are identified and you discuss the conscious and unconscious use of these languages with a Soul Language Practitioner. You also learn how you are impacting your business, all based on how you are utilizing your personal Soul Languages in relationship to the business.

Sacred Partnership Identification – This is where the Soul Languages of your business partnership, marriage, joint venture, family union, etc are identified. A Soul Language Practitioner discusses with each partner how their own Languages impact the conscious and unconscious energy within that partnership.

Family and Business Team Soul Language Packages – If you are interested in knowing all of the Soul Languages within your family or business, special options are available to you.

Integrating Soul Language into Your Life Programs and Tools

Success Support Program – This opportunity offers you support and community interaction. This membership program includes: a weekly audio from Founder and Spiritual Director, Jennifer Urezzio, Monthly Group call and access to Jennifer each Thursday for support.

Soul Support Program -- This 3-month accelerated program is for the highly-motivated leaders, healers and individuals who are READY to commit to the transformation of their lives and their businesses. You are ready to create a radical shift NOW and need guided support.

This is our most popular program and will achieve the quickest and most sustainable transformation.

Intro to the Community Site

<http://knowsoulslanguage.ning.com/>

Welcome! This site is a centralized, virtual home base for Soul Language members all over the planet.

Mission

The mission of Soul Language is to help individuals create a conscious connection with their Soul. The mission of the Soul Language community is to be a sacred place for leaders and leaders in training to consciously connect with their Soul, as well as find and receive the support they deserve.

Display Your Soul

Create your profile and let us know what you are up to in the world. Please include a picture of yourself—everyone loves to put a face to a name. If you have a blog, add it to your page as an RSS feed. You can learn how to do this with the Instructions page in the Intro Center.

Inspire! Educate! Entertain!

We are all students and teachers for each other. [Add a blog post](#) (it's easy!) to share your experiences, so we can all benefit from your unique expressions. If you don't have a blog and are interested in creating one, [click here](#) to get started.

Members

Part of our community mission is for leaders to be able to connect with other leaders. You can locate members in your area by Soul Language, location, business and more.

Use the community to create the support that all leaders need but often are missing. You can start by "Friending" individuals. On each individual's page under their picture is a link to Add as Friend. A request will be made and if that individual approves, they are automatically added to your friend list. It works just like Facebook.

You also have the option to invite other members into the community. To be a member you need to have at least one Soul Language Identified. There is a link underneath your name to invite friends. You should also feel free to send them to the link for a complimentary 15 minute session to have one of their Languages identified. That link can be found [here](#).

Ways To Connect In The Community

Members

You can connect with members several ways: by sending them a direct message, by Friending them, or by writing on their wall.

It is important when a member contacts you to be kind and respectful toward them, and to contact them back. If you receive a Soul Date email from the founder, Jennifer Urezzio, please take that opportunity to receive the love and support that is being offered to you.

Soul Date

If you are part of the Success Support or the Success Support Mastery Program, founder Jennifer Urezzio will be creating personal Soul Language connections for you. These are called Soul Dates. Jennifer has a keen understanding of how and why individuals connect on a Soul Language level, and Soul Dates have led to many powerful experiences. Enjoy the opportunity to receive love and support from Jennifer and other Soul Language members.

Forum

A "Forum" is a threaded discussion area that lets you interact with other members. In forums you can easily jump into and follow a topic, and you can tag discussions to make them easier to find. Forums allow for a natural flow of discussion between community members.

If you want the whole community to be able to view and participate in a discussion, use the Forum.



Know Soul's Language

Consciously Connecting with Your Soul for Success

Blog

"Blog" posts are more conducive to personal pieces, though they are not as effective as forum postings for generating discussion. Members can comment on blog posts, but these comments are less likely to start or support an engaged dialog.

If you want to share something about yourself and your experiences, perhaps to help people get to know you better but not necessarily to have a big discussion about it, use a Blog.

Enjoy participating in the Soul Language Community!

Instructions for the Community Site

Steps to adding a Blog on your page

1. Start a MyPage
2. On the left hand side is a button that says "RSS"
3. Click the "Add RSS" link
4. Enter your Blog URL into the URL blank section
5. Determine how you would like the blog to appear (Titles only, number of blogs)
6. Click save

Steps for adding a Blog on members blog page

1. Click the "Members Blog" tab button
2. Click the "Add a Blog" button
3. Add a post title
4. Add an entry
5. Add tags
6. Choose publishing options
7. Preview post. Review and make any necessary edits
8. Publish post

Steps for adding an Event

1. Click the “Events” tab button
2. Click the “Add an Event” button
3. Fill out the form and click “Save”

Members Search

1. Click the “Members” tab
2. There are a number of ways to find a member:
 - a. Scroll down the page to find the member you are looking for
 - b. Enter the search keywords into the blank box (name, language, state, etc)
 - c. Click the “Advanced Search” button and fill out the form with only the information you want to search by; for example, if you want to find Soul Language members in your state, enter the abbreviation for your state.

SPECIAL OFFER FOR YOU!

One complimentary month of the Success Support Program for you as a gift from Jennifer Urezzio, the founder and spiritual director. This community-based program designed to provide you with tangible tools on how to utilize your Soul Languages in your everyday life and connect with Soul Language “Tribe” Members.

What can the Know Soul's Language Success Support Programs do for you?

- Learn how to create your own shifts
- Stop sabotaging your success
- Create partnerships and relationships that support YOU!
- Have a “tribe” and a “community”
- Gain clarity of vision and focus
- Know how and where to take your life!

The Elements of the Success Support Programs

1 LIVE Group Telecall (40 minutes) Each Month

Topics include: *How to Live More Fully In Soul*, *Spiritual Blind Spots*, *Stepping into the Spotlight*, and *Who Are You Supporting and Who is Supporting You?* All calls will be recorded so you can listen to them again and again.

Language Thursdays

Feeling stuck? Know what your Soul is saying is profound but need help interpreting and integrating? Thursday is your day to connect with me, the founder of Know Soul's Language. Send me a question, and using your Soul Languages we will move through the challenge together.

Soul Language Link

This is THE reason to join the Success Support Program! If you are an entrepreneur, most of the money you are earning is coming via relationships. Imagine having a link (Soul Language) that can create instant connections and support!

There is also a [private community site](#) for those in the community to chat, discuss, request, and get to know each other.

To start your complimentary month of the Success Support Program [click here!](#)