# **Agenda**



#### Day 1

#### 9-10 Connecting with Coffee

Get your day started off right, with good food and good conversation!

This is going to be a small group of Spiritual Innovators (no more than 10) and it is my intention that you will (if you don't know the people joining you already) create relationships for life.

# 10-11 Understanding Your Soul's Wants, Needs and Desires and How They Support Your Vision

Before you arrive at the gathering, you will have already completed the pre-Soulposium homework – *Recognizing and Recording Your Vision*. This will allow us to jump right in and get started.

#### 11:15- Break time

## 11:30-12:30 Vision/Mission Guidelines and Creating the How

#### 12:30-2:00 pm LUNCH

I love when someone takes care of me! So, I want to make sure you are looked after. So lunch is on me!

## 2:00-2:30 Exploring the Doubts and Fears of the Vision

Here is where we are going to understand where you are out of frequency with your vision and the expression of it. YOU ARE the expression of it, by the way! Really, doubt and fear don't need more than 30 minutes of our time.

## 2:30-4:00 Bringing You Back in Tune!

#### 4:00-5:00 Burning Bowl Ceremony

I would be honored if you joined me for dinner (Dutch treat).

# Day 2

## 9-10 Connecting with Coffee

A repeat from day one. So if you want to sleep in a little later, it's ok with me. Arrival for 10 sharp is required.

# 10-11:30 Soulful Spotlight

This is where we are going to address some of those situations that have come up about you being and expressing your vision (because after the break, it's on).

## 11:30-11:45 Break time

More treats!

# **Noon-1:30 Sharing Your Vision/Performance**

Breathe! You can do this part. I know you can because I have done it. This is where you really, fully express your vision and any last alignments take place, and we all cheer and support you!