



**DISCOVER SOUL LANGUAGE**  
Consciously Connecting with Your Soul for Success

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## A LETTER FROM THE FOUNDER OF SOUL LANGUAGE



Dear Soul Language Community Member:

If you told me a dozen years ago that I would guide a movement for people to consciously connect to their Souls, I think I would have laughed it off (and silently or Soulfully agreed with you).

Soul Language was Divinely downloaded when I was seeking an answer from the Universe to one big, multi-layered question: How can I receive more community interested in what I am interested in? How can I connect deeply with myself and others?

As so often when you request something from the Divine, I received a response. Since then, Soul Language has been helping people connect to their Souls and each other.

Soul Language provides tangibility to the intangible so you can recognize, embrace, and be the truth of who you are—love and a Divine expression. Soul Language is one way you can remember who you are and establish a conscious connection with your Soul.

This process can be combined with all sacred practices. It is a tool for knowing your life purpose and so much more. Understanding your Soul Languages gives you the structure to gain clarity and know, in every fiber of your being, your truth, your message for yourself and others, and your path to Divinely inspired action.

I thank you for your participation in Soul Language. Every identification and every practitioner adds to Soul Language, making Soul Language the living and breathing movement that it is.

So be conscious, be connected, be Soulful, and be successful—for that is your true nature. And enjoy this sampler of my full-length book [\*Soul Language: Consciously Connecting with Your Soul for Success\*](#), which offers more tools to better know your own soul and relate more effectively and joyfully with other souls.

With love, honor, and gratitude,  
Jennifer Urezio, Founder and Spiritual Director of Soul Language

P.S. If you have not yet had your Soul Languages identified, I invite you to visit: [www.SoulLanguage.us](http://www.SoulLanguage.us). There you can schedule a complimentary discovery session, a 15-minute phone call with a certified Soul Language practitioner who will identify one of your three personal Soul Languages.



PART ONE  
**Your Soul Speaks**

## CHAPTER 1: **Meet Your Soul**

You will learn in this chapter:

- What is Soul Language?
- Why is it important?
- Where did it come from?

### **Introduction–What is Soul Language?**

For centuries people have been on an expedition to find out who they are, why they are here, and what it all means. Soul Language gives people the tools to answer these questions in an accessible, relatable way. Soul Language is the expression of your true self and your essence. Your Soul contains the agenda of why you are here and what you have to accomplish. Soul Language is the way we communicate that agenda. It's how we think, speak, feel, relate, and express ourselves in the world.

Soul Language is the key that teaches individuals how to participate consciously in their lives. We have the opportunity to consciously connect with our Souls, to let go of old patterns and beliefs, to stop taking negative experiences so personally, and to start enjoying life more fully. This book is a resource to help you do just that.

What's truly amazing about Soul Language is that it's always been there, since we came into this world. That's why this information is so easy to understand and simple to utilize: it's innate in each one of us.

Currently 107 different Soul Languages have been identified. Each and every person has three Soul Languages that he/she speaks. I refer to my three Languages as my Soul Language Team.

Soul Languages fall into three different categories: Axiom of Quest, Axiom of Translation, and Tone. These categories will be explained more in the next chapter.

By understanding your own three Languages, the Languages of others, and the Soul Languages of your business, you will be able to:

- Raise your vibration
- Create healthy relationships
- Create support teams that actually support you
- Create and participate in opportunities of abundance and miracles
- Live Soulfully and accept the power of being yourself

In addition to understanding your three Soul Languages, you will learn to:

- Create your own individual action plan for personal and professional transformation
- Express yourself without conflict
- Attract individuals who speak one of your Languages
- Attract individuals who speak a Soul Language that will help you fulfill or achieve an intention or strategy (goal)

### **Why is Soul Language important?**

The Universe has provided us with tools to understand, accept, and unconditionally love ourselves—Soul Language is one of those tools. You are already using your Soul Languages every second of the day. When you unconsciously use your Soul Languages or fight against them, you create struggle in your life. Struggle takes many forms. It can look like not having enough, it can feel like being stuck, or it can take the form of depression, anger, or resentment, among other things.

As you begin to consciously use the information from your Soul Languages, you become more able to accept who you are and create more powerful, positive experiences. Our physical world is a representation of our inner world. Unconditionally loving yourself is a way to experience more pleasure in the physical world. Soul Language is a powerful tool for accessing guidance and unconditional love within ourselves.

Soul Language also allows us to see how we are all connected. You can use the Soul Language information to find others who share at least one of your Languages: Axiom of Quest, Axiom of Translation, or Tone.

When you connect with someone with whom you share one or more Soul Languages, several things happen:

- You feel connected
- You feel understood
- You share insight and knowledge
- You move faster in your mission
- You understand better how your Soul speaks to you and to others
- You get support in experiencing your greatest desires

When people who share one or more Languages get together, they work as amplifiers for each other, and this allows you to more quickly and gracefully achieve your goals.

### **Where does the Soul Language information come from?**

The Soul Language material and programs were provided to me via Source guidance and inspiration. I asked the Universe in 2007: “How can I attract more like-minded individuals that I feel connected to? How can I create the life I desire?” The answer from Source was Soul

Language. I have been asking additional questions ever since, and Soul Language remains a living, breathing movement.

The information is always being updated, and new information is always being provided. Through this information and by consciously using my Soul Languages, my life and the lives of others have been forever transformed.

### **How does one have their Soul Languages identified?**

Soul Languages are identified using a form of muscle testing called Therapeutic Kinesiology. Rather than asking questions about the person, a Certified Soul Language Practitioner will request permission to establish an energetic connection. Once permission is granted, and the energetic connection has been established, the Practitioner will employ muscle testing to determine the client's Soul Language(s).

**\*\* Invitation to have a FREE Soul Language Discovery Session \*\***

[Click here](#) to schedule your **complimentary** Soul Language Discovery Session. During this 15-minute phone call, author Jennifer Urezzio will identify one of your personal Soul Languages and offer guidance for creating a conscious connection with your Soul.

After the call, Jennifer will send you the 2-3 page Language definition so you can continue to deepen the connection.

[Schedule my FREE Soul Language Discovery Session.](#)

*“Knowing your Soul Language(s) is the best gift you can give yourself. It allows you to deeply ‘hear’ yourself in a way that has never been possible before. When you can hear you, then you can convey what you need to others.”*

*–Stephanie Beeby, M.S.,  
Founder of ‘In Flow CEO’*



*“After both readings with Jennifer (personal Soul Languages and my business Soul Languages) it was like the missing pieces of a huge jigsaw puzzle fell into place, and the profound changes keep coming. My soul feels like it can breathe because finally I am listening to it.”*

*–Domenica Papalia  
Sacred Feminine Within*



## CHAPTER 2

### The Three Categories of Soul Language

You will learn in this chapter:

- The definition of the Axiom of Quest
- The definition of the Axiom of Translation
- The definition of Tone

#### **The Language Categories**

There are three categories of Soul Languages, and they are all of equal importance. There is no hierarchy within your Soul or within the Soul Language community. It is your specific combination of Languages that makes you so unique.

For example, you may get excited when you meet someone who has the same birthday as you. Soul Language shows us we are much more distinctive than that, though. With 19 Axioms of Quest, 33 Axioms of Translation, and 55 Tones, there is a 1 in 34,485 chance that the next person you meet will share all three Languages with you. You might go your whole life without ever meeting someone who shares all three Languages.

#### **Axiom of Quest**

Humans like to KNOW exactly what they are doing, what the strategy is and what their game plan is. From literature and philosophy to hobbies and careers, we are always trying to figure out WHY we are HERE.

The Axiom of Quest is a person's mission during their lifetime. It's the "why" we are here, our purpose. This category is a driving force behind an individual's Soul in this lifetime, and people often feel as if they need to complete this mission.

Your mission is innately part of your physical, mental, emotional and spiritual makeup. You have been doing your mission without even knowing it since you decided to enter this world. This is the Soul Language that most people feel unaware of...and yet once they hear what it is, there is always a kind of "aha!" moment of recognition.

Having a conscious definition of your mission allows you to actively co-create with your Soul to conduct this mission with fewer struggles.

What we mean by co-creating with the Soul is that you don't try to control it. Your Soul has a master plan. Before you entered this body, you had already made certain Soul choices. These choices together form a master plan, your Soul's agenda. But you can and do make choices for how each step of this plan gets fulfilled. Struggle comes from making free-will choices that are not in alignment with Soul choices. For example, we may know that the Soulful choice in a relationship is to create a boundary, but then we might ignore that boundary out of fear.

When you consciously understand what your mission is, it becomes your umbrella in any storm. That mission can provide great comfort because it means you have a purpose. Purpose gives you the strength to weather many challenges.

According to Soul Language, your mission will never be completed. The mission is more like a journey than a destination—it is the path. You have been on your mission since the moment you were conceived. Understanding and bringing consciousness to this mission allows you to:

- Be more aligned with your mission
- Receive resources to make the journey without struggle
- Feel like you are fulfilling the mission
- Accept your power and talents
- Be more confident
- Recognize the next step more easily
- Avoid bumps on the path

### **Axiom of Translation**

Just as we each have our own path in life, we also have our own way of being on that path. Even if two people have the same Axiom of Quest, the same mission, they may have different ways of approaching it. Your Axiom of Translation is how you approach your mission; it describes the tools and talents you bring to your life through your Soul.

The Axiom of Translation also describes how you will be known here. Think of the words other people use to describe you; chances are, they are tapping into your Axiom of Translation without even knowing it. One example is the Weight Carrier. People with this Language are often described as reliable and strong. They use their strength to help others weather any storm as they move forward in their life purpose.

As you understand your Axiom of Translation more fully, you receive more guidance for the individual steps or expression of your Soul agenda.

Understanding and bringing consciousness to this Language allows you to:

- Be Divinely guided in the “how” of things
- Let go of limiting beliefs that are preventing you from experiencing life without struggle
- Understand and accept your talents in a deeper way
- Receive more guidance about the next steps on your journey

## **Tone**

Your Tone is your Soul's personality in the consciousness of love and without judgment. The way I heard this from the Divine is "It is called the Tone because it is the way your Soul sings. It's the voice of your Soul." Understanding the Tone can provide you with information about your Soul's preferences. Imagine expressing your likes, dislikes, wants, and desires without fear, doubt, or confusion.

Some of us favor combining both the mind and the heart (Intellect) while others choose to be at the center of the action (Ringmaster).

The Tone is the most likely Soul Language through which ego will be expressed. Understanding and bringing consciousness to this Language allows you to:

- Take things a lot less personally
- Be more compassionate for yourself and for others
- Live more courageously

*“Jennifer helped me make astounding transformational changes in my personal and business life. I give her the highest recommendation that I can offer to an intuitive consultant.”*

*–Matt O’Grady  
Founder and CEO of Harmonia Media*



*“The Soul Language ID was life changing for me. Jennifer zeroed in on an issue that has been troubling me for more than 40 years. And I've been through decades of personal growth and energetic clearings. Such an amazing process. Love, love, love Jennifer!”*

*–Lana McAra*

## CHAPTER 3: **Expressing Your Soul Languages**

You will learn in this chapter:

- The difference between “conscious” and “unconscious” in Soul Language
- The definition of free will in Soul Language
- How Soul Languages can be still or action-oriented

### **The difference between conscious and unconscious in Soul Language:**

We’ve seen how Soul Languages are divided into three different categories. Every individual on this planet speaks one Language from each of the three different categories. These are your Languages for this lifetime, and they do not change during your life here on this planet.

But even if you speak the same Soul Language as another person, because of the particular combination of your Soul Languages and your personal experiences, you bring a unique expression to each Language.

We each use our Languages in a conscious way (without judgment/Soulful) or unconscious way (in judgment/shadow).

We will define conscious use of the Languages as:

- Unconditional love, without judgment for one’s self
- Self-acceptance
- In alignment with body, mind, and spirit
- In light

We will define unconscious use of the Languages as:

- Conditional, with judgment for one’s self
- Self-denial or self-criticism
- Out of alignment with body, mind, and spirit
- In shadow

Each Language description includes examples of when an individual is expressing their Soul Language consciously or unconsciously.

### **A couple of points on using your Languages unconsciously:**

You can be unaware of a judgment that you are holding with regard to an aspect of yourself. You can also become aware of a judgment and any resistance to letting go of that judgment. Please understand that you can be accepting of yourself on one level and still be in judgment on a deeper level.

When an individual acts without the consciousness of love, for example, by making choices with conditions, this generates a misalignment with the Soul that results in disharmony and unhappiness in that individual.

### **Understanding Free-Will Choices:**

A suggested metaphor for free will is this: Source knows everything that is going to happen if you go left on the path, and Source knows everything that is going to happen if you go right on the path, but Source doesn't know whether you are going to go right or left.

### **Language Orientation**

Each Soul Language falls into one of three orientations: Action, Still or Action/Still. This describes how the Language first reacts. For example:

- Action-Oriented Languages will desire to react with action
- Still-Oriented Languages will first become introspective or retreat for information
- The Action/Still-Oriented Languages look for a balanced approach between reflection and immediate action

Depending on the Soul Languages a person has, their Action or Still orientations may become more Action or more Still as a result of that specific combination.

### **Invitation to have a FREE Soul Language Discovery Session**

[Click here](#) to schedule your complimentary Soul Language Discovery Session. During this 15 minute phone call with author Jennifer Urezzio, one of your personal Soul Languages will be identified. After the call Jennifer will send you the 2-3 page Language definition.



**PART TWO**  
**Getting to Know Your Soul**

## FREQUENTLY ASKED QUESTIONS

*Q.: What is a Soul Language Identification session?*

A: According to the information I have received, there are 107 individual Soul Languages. Each and every person has three Soul Languages that he or she speaks. They are broken down into three different categories: Axiom of Quest, Axiom of Translation, and Tone.

Axiom of Quest: Your mission, your path, the reason why you are on this planet at this time

Axiom of Translation: How you will be known here, the fuel of your mission

Tone: Your Soulful personality

During a Soul Language Identification session, your three Soul Languages are revealed via muscle testing or kinesiology—a tool that allows us to quickly and accurately tap into the body's innate knowledge.

After your three individual Soul Languages are revealed to you, the practitioner can help you to understand how those three Languages shape your life. They can also help guide you in understanding how you might be consciously or unconsciously using those Languages.

*Q.: What do I need to do to prepare for a session with a Soul Language Practitioner?*

A: It is suggested that you come prepared for the phone or in-person session with a couple questions for which you would like insight or guidance.

*Q.: What might I expect from a session?*

A: During a session, you can expect insight and guidance on issues you are dealing with, plus tools and resources to help create a shift. This will help you achieve maximum results in your life.

*Q.: How can Soul Language help me in my relationships and family life?*

A: Relationships fail, in both romance and business, for usually the same reasons. Either we conduct most of the relationship with that other person in our heads, or we don't ask for what we want and spend half the time not being ourselves. Soul Language provides tools for obtaining the best possible relationships in all kinds of situations.

By learning about your own Soul Languages and the Soul Languages of others, you can understand each other better and know what you can count on each other for. You won't ask yourself, "Why does this person keep acting that way?" and you'll be able to better communicate honestly and openly to build the relationships that you really want.



*“Soul Language was the missing link! For years I have been working with coaches and becoming very frustrated at not having achieved the success they promised. All that changed when I began working with Jennifer and my Soul Languages. I now have the tools to recognize when I am in resistance and making things harder for myself. Soul Language has shown me how joyful and easy life is! I recommend Jennifer and Soul Language to anyone who is interested in living an authentic life.”*

*–Linda A. Hunt*  
**SUMSOLUTIONS LLC**



*“Knowing my Soul’s Language has helped me become a better mother, wife, coach, entrepreneur and friend.”*

*–Tonya Williams*  
[www.justbliving.com](http://www.justbliving.com)

## THE SOUL LANGUAGE COMMUNITY

You will learn in this chapter:

- How people are using Soul Language
- How to get more involved with the Soul Language community

### Receiving Community

Recently it has become even more apparent how important community is in our lives, in our evolution and in nurturing our Souls.

One of the reasons I believe I received this information is that the question I asked was about receiving community in my life. I wanted to be surrounded by like-minded individuals and I wanted to support people who were interested in being closer to the Divine.

What has happened, of course, has been bigger than my wildest dreams. When individuals connect with each other based on this understanding of Soul Language, there exists a profound connection, a willingness to support each other, and a deep understanding that I haven't experienced in other areas of my life.

As the Soul Language community grows, we continue to see lasting connections being formed organically between members of the community. As we grow in consciousness and embrace the concept that we are all one, the community will be an ongoing resource to support that understanding.

If you find yourself attracted to a particular person, it may be that they have something to offer you. Or they could share a Language with someone you love and trust. Keep in mind that just because someone shares a Soul Language with a person you love and trust, that does not automatically make him/her trustworthy.

You also may notice particular Languages that you bump heads with. It might be that there is an unresolved conflict with someone who "speaks" that same Soul Language. Once you find resolution with that person, you might find it easier to get along with others who share their Soul Language.

By learning the Soul Languages of others in your life, you are able to see what Languages you attract and what Languages are attracted to you.

### How People are Using Soul Language

The one question I receive a lot, which seems appropriate to include at the end of the book, is this:

*How are people using Soul Language?*

This is a very expansive question. I can only talk about what I have experienced and share what others have told me about their experiences. Individuals are using Soul Language to:

- Communicate clearly about themselves
- Connect more deeply with their children, partners, and mates
- Connect with themselves and the Divine, to remember their truth and to experience peace
- Accept and move into the consciousness of love
- Remember who they are and express themselves fully
- Speak their truth and create from that place

Business owners are using Soul Language to:

- Align with the mission of their business
- Create more powerful and productive teams
- Craft their elevator speeches
- Communicate from the heart and let go of marketing from pain or fear

Healers are using Soul Language to help their clients create a deeper sense of safety. Personal coaches, life coaches, business coaches and executive coaches are all using Soul Language to fuel their own missions and help their clients gain a greater sense of clarity and purpose.

## **How to Get Involved**

The first step is to have your personal Soul Languages identified. You can start with a 15 minute [Discovery Session](#) or jump right into having the full [personal Soul Language ID](#). Once you understand more about your Soul, it is a natural progression to want to understand more about the other Souls in your life. We have created several ways to support you with creating a fully conscious life.

## **Business Soul Language Identification**

This is where the three Soul Languages of your business are identified and you discuss the conscious and unconscious use of these languages with a Soul Language Practitioner. You also learn how you are impacting your business, all based on how you are utilizing your personal Soul Languages in relationship to the business.

Having the Soul Languages of your business identified gives you a tool you can work with on a daily basis. Through understanding these three Languages, you can create a conscious connection between your Soul and the Soul of your business (via your Soul Language team). This will support you in working more consciously, attracting appropriate team members, and achieving your goals.

You will have the tools to:

- Understand and attract your community in a bigger way
- Operate based on your own definition of success
- Understand that it is your right to thrive and excel
- Embrace your talents and the talents and gifts of the business
- Move into action and take this knowledge to the next level

### **Sacred Partnership Soul Language Identification**

This is where the Soul Languages of your business partnership, marriage, joint venture, family union, etc. are identified. A Soul Language Practitioner discusses with each partner how his/her personal Languages impact the conscious and unconscious energy within that partnership.

### **Couples Soul Language Identification**

Soul Language is an amazing tool for creating a conscious connection between you and your Soul, so you have a deep understanding of your mission and the talents you draw on to fuel that mission. When you identify your Soul Languages, it is like opening up a book and reading all about yourself. Imagine having that same knowledge about your life partner. How would this information impact the way you relate to one another?

By having your Soul Languages identified, you and your partner will have the opportunity to:

- Gain profound insight about each other
- Understand what each of you needs in order to feel loved, accepted, and supported
- Experience a deep sense of acceptance about your own and your partner's unique nature
- Strengthen your connection with each other
- Improve communication
- Have a deeper level of compassion for yourself and for your partner
- Experience a deeper clarity about why you were brought together

### **Family Soul Language Identification**

Our family dynamics shape so much in our lives. They shape our definitions of love and self-worth. They influence our relationship with the Divine. They set up our fears and our beliefs.

By knowing the Soul Languages of your family members, you will have the opportunity to:

- Gain profound insight about each child
- Understand how to provide an environment where every family member feels loved, accepted, and supported
- Experience a deep sense of acceptance for each person's unique nature
- Strengthen your connection with each child
- Have a deeper level of compassion for yourself and for others
- Experience a deeper clarity about how to parent each child

We notice that there is relief and joy when parents understand that they are a good parents and that, with a few tweaks, they can become parents who nurture their children's natural Soulful talents.

### **Soul Dates**

Tap into the wisdom of the community by connecting with others who speak your Language(s), or ones you want to attract in order to learn from them. Thousands of people have had their Soul Languages identified, and the community is continuously growing.

### **Where This Is Going**

This whole paradigm explains why we jump into some things and not others. Why we trust some people and not others. Why we attract certain types of people and repel others. Why we have beautiful gifts to share but sometimes feel like nobody notices them.

We each have a role to play, and Soul Language helps us understand ours on a level that is deeper than the mind. This is not about changing your personality, or even building your strengths. This is about knowing who you are and discovering what it means to just be yourself with nothing in the way.

What a different world it will be as more and more people find their way to Soul Language. It has been a great honor to bring this forth and to play my own unique role in the birth of this amazing revolution, and I am grateful for the community's support for my own journey.

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