

Conscious Evaluation

What is Conscious Evaluation?

This tool is designed to guide you in understanding what went very well, well, and what missed the mark at the end of a manifestation process.

The purpose is to provide you with a method to look at a creation from a place of neutrality, so that you can tweak your manifestation process and expand your receiving. The process is designed to evaluate utilizing both sides of your brain, left (analytical) and right (creative).

You can conduct this process when you want:

- To expand your consciousness around anything that you feel you: have failed at, are conflicted about, messed up, didn't receive what you desired and are experiencing disappointment.
- To expand your consciousness around creations that you feel were a success, so you can tune in and determine your success flow pattern
- To expand your consciousness around a manifestation of a creation as it is happening; to support success.

Getting on the Same Page

- Creation could mean a project, a product, a relationship, a situation anything you wish to consciously evaluate.
- Soul Language Team A conscious way to connect to your Soul and a way to place tangibility around Soul.
- Divine Intelligence That part of you, your form, that doesn't have free will that can do the heavy lifting when it comes to creating consciousness in our bodies.

Understanding Your Consciousness

It is important to know what consciousness you are in around and with a creation. It is hard to jump several levels at once. I suggest looking up the definitions of "sustainable" and "prosperity" to see which one resonates for you the most.

You want to remember to connect to both your personal Soul Language Team and your Business/Creative Soul Language Team. When we evaluate something, we can move into a lot of fear, doubt, and not enough. As you are conducting this process, keep activating safety within (Divine Intelligence, activate Divine safety within every cell of my body).



Conscious Evaluation Process

Create a conscious connection with your Soul via your Soul Language Team and activate safety within your body and consciousness. (Divine Intelligence fill me with the knowing and the expression of Divine safety and the knowing that I'm loved, supported and provided for in ways that are seen and unseen).

You may require the need to keep activating safety through this process. So feel free to pause and repeat the above statement as often as you find useful.

Beginning the Evaluation

Why did you create this project?

What were your feelings at the time of creation and throughout bringing this into manifestation?

What was the outcome that you wished for this creation?

What is/was the current outcome of this creation?

What sustainable belief provided fuel to manifest this creation?

Understanding the Results

How did you nurture this creation? (promote, market, offering love, etc.)

What were all the scenarios that you have created in your head about this creation?

Which of these came true and why do you think they did?

What did you want out of this creation?



What did you get out of this creation?

Did this creation meet your needs: as a spiritual person? As a successful entrepreneur? As a Spiritual Renegade? As a master healer?

How much revenue was generated from this creation?

How did this creation express your business mission and your personal mission?

Did you feel in the flow and supported while you were creating and expressing this mission?

Were you counting on the results to prove that this creation was successful?

Moving Forward

Before you continue with this last part of the process, it is important to express gratitude for this creation and all the experience of it (even if you do not like or love that experience). The first action question allows you to step into the a new level of consciousness around your manifestation process.

What did I learn and what am I grateful for because of this creation?

How can bringing gratitude to this creation change your creations in the future?

What belief can you transform to impact your creations in the future to meet what you require - spiritually, emotionally and physically (financially)?

Before you start your next creation what energy are you asking the Divine to support you to bring to that creation?



What are you asking the Divine to support you with in your creations?

What is your part of this collaboration with the Divine to bring success to each creation?

How will you nurture this creation and future creations?

Is there a way to "make" this creation timeless (to earn on-going income)?

What other awareness would you like to make notes on and bring to future creations?